

1 **Dickkopf-1 overexpression *in vitro* nominates candidate blood biomarkers**  
2 **relating to Alzheimer's pathology**

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109

## 110 **Abstract**

111 **Background:** Previous studies suggest that Dickkopf-1 (DKK1), an inhibitor of Wnt signalling, plays a  
112 role in amyloid-induced toxicity and hence Alzheimer's disease. However, the effect of DKK1  
113 expression on protein expression, and whether such proteins are altered in disease, is unknown.

114 **Methods:** We first overexpressed DKK1 in HEK293A cells and quantified 1128 proteins in cell lysates  
115 using aptamer capture arrays (SomaScan) to obtain a protein signature induced by DKK1. We then  
116 used the same assay to measure the DKK1-signature proteins in human plasma in two large cohorts,  
117 EMIF (n = 785) and ANM (n = 677), to explore the association of DKK1-signature proteins with  
118 markers of AD pathology as used in the amyloid/tau/neurodegeneration (ATN) framework as well as  
119 with clinical outcomes.

120 **Results:** We identified a 100-protein signature induced by DKK1 *in vitro*. In plasma, proteins from  
121 this signature set were altered primarily in individuals with markers indicative of amyloid pathology.  
122 Subsets of proteins, along with age and *apolipoprotein E*  $\epsilon$ 4 genotype distinguished amyloid  
123 pathology (A+T-N-, A+T+N-, A+T-N+ and A+T+N+) from no AD pathology (A-T-N-) with an area under  
124 the curve (AUC) of 0.72, 0.81, 0.88 and 0.85 respectively. In terms of AD clinical outcomes, we found  
125 that some signature proteins (e.g. Complement C3 and albumin) were associated with cognitive  
126 score ( $p < 0.001$  for both proteins) and AD diagnosis ( $p < 0.001$  for both proteins) in both cohorts.

127 **Conclusions:** Our results add further evidence for a role of DKK regulation of Wnt signalling in AD  
128 and suggest that DKK1 induced signature proteins obtained *in vitro* could reflect the ATN framework  
129 as well as predict disease severity and progression *in vivo*.

130 **Keywords:** ATN framework; Dickkopf-1; Wnt signalling; SOMAScan; replication

131

## 132 **Introduction**

133 Alzheimer's disease (AD) is characterised by the presence of  $\beta$ -amyloid ( $A\beta$ ) containing plaques and  
134 neurofibrillary tangles composed of modified tau protein together with the progressive loss of  
135 synapses and eventually neurons [1]. Recently, the National Institute on Aging-Alzheimer's  
136 Association (NIA-AA) proposed a classification system for disease - the ATN framework [2] - based on  
137 three biomarker types where "A" represents amyloid pathology, measured by cortical amyloid  
138 positron emission tomography (PET) ligand binding or low cerebrospinal fluid (CSF)  $A\beta_{42}$ ; "T"  
139 represents tau pathology, measured by elevated CSF phosphorylated tau (P-tau) or cortical tau PET  
140 ligand binding; and "N" represents neurodegeneration or neuronal injury, measured by elevated CSF  
141 total tau (T-tau), 18F-fluoro-deoxyglucose (FDG) PET, or brain atrophy on magnetic resonance  
142 imaging (MRI). Dichotomizing these biomarkers as normal or abnormal results in eight ATN profiles;  
143 absence of AD related pathology (A-T-N-); the Alzheimer's continuum including indications of  
144 amyloid pathology (A+T-N-, A+T+N-, A+T-N+ and A+T+N+); and Suspected Non-Alzheimer Pathology  
145 (SNAP), or non-amyloid dementia (A-T-N+, A-T+N- and A-T+N+) [2].

146 The ATN framework has considerable face validity and has rapidly found wide acceptance in the  
147 research field. As clinical trials are increasingly targeting a range of pathologies, the ATN framework  
148 helps to inform participant inclusion and potentially also trial outcomes [3]. Moreover, the  
149 framework has predictive validity with, for example, people with A+T+N+ showing faster decline  
150 than other categories [4, 5]. The ATN framework is limited by biomarkers that are either not yet fully

151 qualified or are relatively invasive and where access can be difficult. A blood-based version of the  
152 ATN framework would be of considerable value and recent progress suggests such an objective is  
153 realisable.

154 Whilst considerable progress has been made in understanding the formation, and to some extent  
155 the effects of, the three pathological processes that define the ATN classification, much less progress  
156 has been made in determining the mechanistic relationship between amyloid and tau pathologies  
157 and their effects in inducing neuronal dysfunction and death. One potential mechanism that has  
158 been proposed to link all three processes is Wnt signalling. Activation of Wnt signalling is  
159 neuroprotective against the toxicity of A $\beta$  both *in vitro* and *in vivo* [6, 7] and reverses cognitive  
160 deficits in rodent models [8, 9]. Inhibition of Wnt signalling could therefore be a factor triggering the  
161 onset and progression of AD (reviewed in [10]). In line with this, Dickkopf-1 (DKK1), an inhibitor of  
162 Wnt signalling, has been reported to be elevated in human AD brain, as well as in mouse models  
163 with A $\beta$  generation and plaque formation [11-13]. In model systems, DKK1 is induced by A $\beta$ , which in  
164 turn drives synaptic loss, tau phosphorylation and neuronal death [14-16] and blockade of DKK1  
165 protects synapses from A $\beta$ -mediated neurotoxicity [16, 17].

166 Collectively, DKK1 mediated inhibition of Wnt signalling might be a critical factor in the A $\beta$ -mediated  
167 pathway driving tau pathology and hence neuronal dysfunction and loss. Previously we  
168 demonstrated that knockdown of genes on a shared A $\beta$ /DKK1 pathway also protected neurons from  
169 A $\beta$ -induced toxicity and that in mice, overexpression of DKK1 induced tau pathology and cognitive  
170 impairment [18]. Given this, we propose that the DKK1 induced pathway might reflect the ATN  
171 framework in man. However, the molecular signature we previously identified was based on  
172 neuronal gene expression and included many master regulators or transcription factors and hence  
173 was not readily translatable to human studies. Therefore, in order to explore whether a DKK1  
174 induced signature was recognisable in peripheral fluids in human *in vivo* studies, we first determined  
175 a protein signature induced by DKK1 in human cells *in vitro* and then tested whether this empirically

176 defined protein signature was associated with the ATN framework and clinical outcomes in human  
177 plasma from two large independent cohorts including people clinically defined with AD, with mild  
178 cognitive impairment (MCI) and apparently healthy controls (Figure 1).

## 179 **Materials and Methods**

### 180 **HEK293A cells with overexpression of DKK1**

181 In order to establish a DKK1-induced protein signature, a HIS-tagged *DKK1* cDNA was synthesized  
182 (GENEWIZ, UK) and cloned into the mammalian expression construct pcDNA3.1+ (Invitrogen, UK)  
183 and validated by sequencing. HEK293A cells (an adherent strain of HEK293) were cultured in DMEM  
184 + 10% FCS in 12-well plates until 80% confluent and transfected with the *DKK1* construct or the  
185 empty vector control using FuGene 6 according to the manufacturer instructions (Promega, UK). The  
186 next day, the FCS content of the media was adjusted to 2% and the cells maintained for a further 6 h.  
187 Media was then removed and total cell lysates collected in M-PER (ThermoFisher, UK) for proteomic  
188 array studies using the SOMAScan platform (SomaLogic, Boulder, CO), allowing for the simultaneous  
189 measurement and quantification of 1128 proteins (n = 5 per condition). All protein data were log-  
190 transformed prior to analysis.

### 191 **Study participants**

192 We used plasma samples recruited from two previously reported cross European studies:  
193 AddNeuroMed (ANM) [19] and the European Medical Information Framework for Alzheimer's  
194 disease multi-modal biomarker discovery (EMIF-AD MBD) study [20].

195 ANM sample collection was performed at six different centres across Europe: University of Kuopio,  
196 Finland; Aristotle University of Thessaloniki, Greece; King's College London, United Kingdom;  
197 University of Lodz, Poland; University of Perugia, Italy; and University of Toulouse, France [19]. We  
198 used 677 subjects from the ANM cohort including 319 AD patients, 149 mild cognitive impairment  
199 (MCI) individuals and 209 elderly unaffected controls (CTL). General clinical and demographic



200 information were available for all subjects (including *APOE*  $\epsilon$ 4 genotype data) (Supplementary Table  
201 1). Furthermore, the majority participants (84%) had Mini Mental State Examination (MMSE)  
202 measurement and around 60% of the AD patients had Alzheimer's Disease Assessment Scale -  
203 Cognitive subscale (ADAS-Cog) measurement (Supplementary Table 1) [21].

204 The EMIF-AD MBD is part of the European Medical Information Framework for Alzheimer's disease  
205 (EMIF-AD; <http://www.emif.eu/>), a European wide collaboration to facilitate the re-use of existing  
206 healthcare data and the sharing of cohort samples for the benefit of AD research. Overall, the EMIF-  
207 AD MBD study collected samples from 11 European cohorts DESCRIPA, EDAR, PharmaCog,  
208 Amsterdam, Antwerp, San Sebastian GAP, Gothenburg, Barcelona IDIBAPS, Lausanne, Leuven and  
209 Barcelona St Pau [20]. We used 785 subjects from the EMIF study comprising 183 AD patients, 382  
210 MCI and 220 CTL. In addition to general clinical and demographic information, each subject had a  
211 measure of both A $\beta$  and tau (including total tau [T-tau] and phosphorylated tau [P-tau]) pathology.  
212 The classification of the status (abnormal/normal) of amyloid, T-tau and P-tau has been described  
213 previously [20]. Briefly, amyloid pathology was determined using CSF A $\beta$ 42 in the majority and PET  
214 amyloid in a minority, based on which the individuals were classified into abnormal and normal  
215 status [20]. The levels of T-tau and P-tau in CSF were analysed locally and the local cut-off point was  
216 used to determine their status (abnormal/normal) [20]. For these subjects, "A" is defined by amyloid  
217 status, "T" is by P-tau status and "N" is by T-tau status. Dichotomizing these biomarkers as normal or  
218 abnormal results in eight ATN profiles (Table 1). In addition, each subject had MMSE measurement  
219 and the majority (over 72%) had other neuropsychological tests for memory, language and executive  
220 functioning as previously reported (Supplementary Table 1) [20]. Furthermore, each individual had  
221 genome-wide single nucleotide polymorphism (SNP) genotyping. The details of SNP assays and raw  
222 data processing were described in [22].

### 223 **Protein quantification of human plasma in two cohorts**

224 The SOMAScan assay, an aptamer-based assay, (SomaLogic, Boulder, CO) [23], was used to measure  
225 plasma proteins in subjects collected from both ANM and EMIF cohorts. Because of an evolving  
226 platform, different versions of the SOMAScan assay were used in samples from the two cohorts,  
227 with 1016 and 4001 proteins measured in ANM and EMIF cohorts, respectively. The *in vitro*  
228 experiments were conducted with a version of the assay having 1128 proteins. The three versions of  
229 the assay used here were generated such as to ensure data interoperability. The abundance of each  
230 protein was log-transformed for all subsequent analyses.

### 231 **Statistical analysis**

232 All statistical analyses were completed using R (version 3.3.2). We used Student's t-test to assess the  
233 relative levels of DKK family proteins (DKK1, DKK3, DKK4 and DKK-Like 1 [DKKL1]) as measured on  
234 the SomaLogic platform, in DKK1 overexpressing and control cells. Partial least squares (PLS)  
235 regression was used to obtain a signature consisting of the 100 top, or most altered, proteins as a  
236 consequence of DKK1 expression in HEK293A cell lysates. A PLS regression model was fitted to the  
237 data using all 1128 proteins as the predictors (X) and the DKK1 or control status as the response  
238 variable (Y). We ranked proteins based on the calculated coefficients using two components from  
239 the resulting PLS regression model. The coefficients corresponding to each protein in the model are  
240 a proxy for how much each protein contributes to the signal.

241 The top 100 proteins that contributed to this multivariate signature most constitute the 'DKK1-  
242 induced signature' for subsequent analysis. The biological significance of the DKK1-induced signature  
243 was evaluated using the DAVID Bioinformatics Resource, version 6.8 Functional Annotation tool.  
244 Briefly, the 100 proteins were selected as our 'gene list' while all 1128 proteins quantified in the  
245 study were selected as our 'background gene list'. The enrichment analysis was performed on the  
246 KEGG database.

247 To compare the association of proteins with the ATN framework, we used logistic regression to  
248 compare proteins in different ATN profiles to 'no pathology controls' (A-T-N-), adjusting for age,

249 *APOE*  $\epsilon$ 4 genotype and gender. Logistic regression was also used to compare proteins in different AD  
250 diagnostic groups as well as between MCI participants who subsequently converted to dementia  
251 (MCIc) within 3 years relative to those whose MCI remained stable (MCIs). To analyse the association  
252 of proteins with continuous AD phenotypes (*i.e.* MMSE), we used partial correlation and adjusted for  
253 age, *APOE*  $\epsilon$ 4 genotype and gender. *P* values obtained from both logistic regression and partial  
254 correlation were corrected using false discovery rate (FDR) and corrected *p* values were presented in  
255 heat map. Furthermore, for visual presentation, we presented the absolute protein expression value  
256 in different ATN and AD diagnostic groups in box plots. Student's t-test was used to assess pairwise  
257 difference and uncorrected *p* values were presented in the box plots.

258 Forward stepwise logistic regression was used to find the analyte set that optimally discriminated  
259 amyloid pathology (A+T-N-, A+T+N-, A+T-N+ and A+T+N+) from no AD pathology (A-T-N-) in all  
260 subjects as well as in only cognitively normal individuals. In both cases, demographic covariates age  
261 and *APOE*  $\epsilon$ 4 genotype were included in models as potential predictors. For each comparison, the  
262 data set was randomly split into training (90%) and validation (10%) sets. The training set was used  
263 to select variables and fit the model which was then tested on the validation set using receiver  
264 operating curve (ROC) analysis. The 95% confidence Intervals of AUC was calculated using the *ci.auc*  
265 function.

## 266 **Mendelian randomization**

267 Mendelian randomization (MR) was used to investigate the causal relationship between two most  
268 promising (see results section) proteins (C3 and FGG) and AD risk, A $\beta$  and tau (T-tau and P-tau)  
269 pathology. As genetic variants are passed from parents to child at conception and remain largely  
270 unaltered by environment throughout an individual's lifetime, reverse causation and confounding  
271 can be limited, making MR a powerful tool to examine causality between the exposure and outcome  
272 [24, 25]. The Mendelian randomization approach was based on three assumptions: 1) The genetic  
273 variants used as instrumental variables are associated with exposures. 2) The genetic variants are

274 not associated with any confounders of the exposure-outcome relation. 3) The genetic variants are  
275 associated with outcome only through the exposure, namely a lack of pleiotropy [24].

276 For C3, we selected three SNPs as instrumental variables; rs1065489 [*CFH*], rs429608 [*SKIV2L*] and  
277 rs448260 [*C3*]. The association of these SNPs with plasma C3 levels have been validated in 95,442  
278 individuals ( $p < 10^{-67}$ ) [26]. For FGG, we selected 24 SNPs as instrumental variables. These have been  
279 shown to be significantly associated with plasma FGG levels in a large Genome wide association  
280 studies (GWAS) study including more than 100,000 subjects [27] (Assumption 1). Then we checked  
281 whether the SNPs were either in linkage disequilibrium with one another, or were associated with  
282 known risk factors for AD (*e.g.* *APOE*  $\epsilon 4$  genotype) (assumption 2). After verifying no direct  
283 association with AD, we acquired the summary statistics of each SNP with C3 and FGG from both  
284 studies separately as exposure estimates [26, 27]. For AD risk as outcome, we acquired the summary  
285 statistics for the association of each SNP with AD risk from a previously published GWAS study;  
286 International Genomics of Alzheimer's Project (IGAP) by Lambert *et al.* [28]. One C3 SNP (rs429608  
287 [*SKIV2L*]) was not found in IGAP; we therefore acquired summary statistics of rs429608 in another  
288 GWAS study - UK Biobank (UKBB) [29]. For A $\beta$  and tau (T-tau and P-tau) as outcome, we analysed the  
289 association of each SNP with A $\beta$  and tau status in EMIF cohort using PLINK (v1.7). Using a two-  
290 sample MR approach, the exposure SNP (SNP-C3 and SNP-FGG) and outcome SNP (SNP - AD risk, SNP  
291 - A $\beta$ , SNP - T-tau and SNP - P-tau) associations were used to compute estimates of each exposure-  
292 outcome association. We then used two MR methods to test the robust causal inference including  
293 an inverse-variance weighted (IVW) method [30] the weighted median method [31].

294 To test the third assumption, we used the MR-Egger method to calculate values of intercepts and  
295 their  $p$  values. If the intercepts do not deviate markedly from zero, it indicates that substantial  
296 horizontal pleiotropy of the SNPs is less likely [32]. Furthermore, to determine if there was any single  
297 SNP driving the relationship, we performed a leave-one-out analysis where the MR is performed  
298 removing a different SNP in each iteration [33].

## 299 **Results**

### 300 **DKK1 and DKK4 were differentially expressed in DKK1-overexpressing cells compared to controls**

301 In addition to a large number of other proteins representing a wide range of biological processes,  
302 both versions of the SOMAScan assay used here include aptamers selected to bind and hence  
303 measure relative abundance of DKK proteins including DKK1, DKK3 and DKK4 and the related protein  
304 DKK-Like 1 (DKKL1). In order to determine the protein signature induced by DKK1, we used the  
305 SOMAScan assay to compare lysates from HEK293A cells engineered to over-express human DKK1  
306 with control cells transfected with empty vector (n=5 in each case). We first determined the ability  
307 of the SOMAScan assay to detect DKK1 and to differentiate this protein from other structurally  
308 similar DKK isoforms. We found that among the DKK family proteins, both DKK1 and DKK4 registered  
309 an increase in DKK1-overexpressing cells compared both to the other DKK isoforms and to all other  
310 protein measures (for DKK1  $p = 0.008$ , corrected  $p = 0.7$ ; for DKK4  $p = 0.008$ , corrected  $p = 0.7$ )  
311 (Figure 2). The most likely explanation for this observation is that the DKK4 read-out on the  
312 SomaLogic panel is in fact at least in part a read-out of DKK1 due to cross reactivity and hence we  
313 refer subsequently to this as DKK1/4.

### 314 **DKK1-induced proteomic signature was enriched in AD pathways**

315 Having shown that the SOMAScan assay identifies the overexpression of DKK1 (with concomitant  
316 signal in the aptamer raised against DKK4), we used PLS to identify a multivariate proteomic  
317 signature that distinguished DKK1 overexpression cell lysates from controls. We ranked the proteins  
318 based on PLS coefficients (absolute value), and then selected the 100 proteins with the largest  
319 contribution to the DKK1-induced multivariate signature (Supplementary Table 2). As an exploratory  
320 study only we then assessed the biological significance of this signature using the DAVID  
321 Bioinformatics Resource. Overall, eight pathways were enriched though not passing multiple  
322 correction (Supplementary Table 3). Interestingly, AD was nominated as the second highest-ranked  
323 pathway ( $p = 0.014$ , corrected  $p = 0.075$ ) in relation to disease.

## 324 **Association of DKK1-induced signature with the ATN framework *in vivo***

325 We then investigated whether the top 100 proteins induced by DKK1, referred to here as the DKK1-  
326 induced signature, was associated with the ATN framework in the EMIF cohort (n = 785). Table 1  
327 shows the characteristics of the participants split by ATN framework. No significant difference in sex  
328 was found among 8 profiles. Participants within the AD and SNAP groups were older than those in  
329 the 'No Pathology Control' (NPC) group except those with an A-T+N- profile. The prevalence of *APOE*  
330  $\epsilon$ 4 carriers was higher in AD group than those in NPC or SNAP. Furthermore, MMSE was lower in AD  
331 group than individuals in NPC or SNAP except those in A+T+N- profile.

332 We used logistic regression to compare proteins in different ATN framework groups to the NPC  
333 group (A-T-N-), adjusting for age, *APOE*  $\epsilon$ 4 genotype and gender. Of the 100 proteins, the levels of 23  
334 proteins significantly altered in participants with at least one abnormal ATN biomarker, *i.e.* either A+,  
335 T+ or N+ after FDR correction (Figure 3A). Furthermore, the majority of proteins were associated  
336 with amyloid-related pathology rather than with non-amyloid pathology (SNAP). In subsequent  
337 analyses we therefore focused on comparisons within the AD (A+) group to the NPC (A-T-N-) group,  
338 omitting the SNAP group (A- but T+ or N+). Based on their expression, these proteins could be  
339 divided into 3 groups: (1) those influenced only by amyloid pathology (A+) and independent of P-tau  
340 or T-tau status. For example, FGG increased in all individuals with abnormal amyloid pathology  
341 although it did not achieve significance in A+T+N- subjects (Figure 3B) perhaps due to a low number  
342 of only 19 subjects with this profile. Other proteins belonging to this group were BRF-1, Coagulation  
343 Factor VII, CKAP2, HMG-1, CAMK2D, AURKB, BFL1, C3 and albumin; (2) those influenced by both  
344 amyloid and T-tau (A+N+). For example, DKK1/4 increased in individuals with A+T+N+ and A+T+N+  
345 profiles (Figure 3C). Three other proteins also belonged to this group: eotaxin, coactosin-like protein  
346 and annexin I; (3) those influenced by amyloid, P-tau and T-tau (A+T+N+), resulting changed levels in  
347 only A+T+N+ individuals, *e.g.*, DKK1 (Figure 3D), CHST2, MK01, CONA1, DLRB1, FN1.4, Cytochrome c  
348 and SHP-2.

349 We then used forward stepwise logistic regression to identify optimal analyte sets to distinguish the  
350 NPC group from different ATN profiles within the AD (A+) group. We used AD related proteins as  
351 well as age and *APOE*  $\epsilon$ 4 genotype as input features. Results showed that a model containing HMG-1  
352 as well as age and *APOE*  $\epsilon$ 4 genotype best discriminate A+T-N- from NPC group with an area under  
353 the curve (AUC) of 0.72 (Figure 3E). The optimal model to differentiate A+T+N- from NPC group  
354 contained 6 features including SHP-2, FN1.4, CKAP2 and CHST2 as well as age and *APOE*  $\epsilon$ 4 genotype.  
355 For differentiating A+T-N+ from NPC group, a model containing 7 proteins (annexin I, Albumin,  
356 Cytochrome c, Eotaxin, DKK1, CONA1 and AURKB) with age and *APOE*  $\epsilon$ 4 genotype was selected. The  
357 optimal model to differentiate A+T+N+ from NPC group included 7 features including C3, AURKB,  
358 Eotaxin, BRF-1, albumin as well as age and *APOE*  $\epsilon$ 4 genotype (Figure 3E). The comparison between  
359 each optimal model and the combination of age and *APOE*  $\epsilon$ 4 genotype were shown in  
360 Supplementary Table 4.

361 We also set out to determine the optimal analyte sets to differentiate the NPC group from the  
362 amyloid positive ATN profiles (A+) groups in only cognitively normal individuals (Figure 3F). The  
363 optimal model that separated the A+T+N+ from the NPC group included 4 features including CKAP2,  
364 C3 as well as age and *APOE*  $\epsilon$ 4 genotype. A model consisting of four proteins (Coagulation Factor VII,  
365 SHP-2, FN1.4 and DKK4) best discriminated the A+T-N- group from the NPC group with an AUC of  
366 0.92 and a model consisting of 3 proteins (CKAP2, FN1.4 and Cytochrome c) together with age and  
367 *APOE* differentiated the A+T-N+ group from the NPC with an AUC of 0.94 (Figure 3F) and  
368 (Supplementary Table 4). The A+T+N- group, with only three members, was too small to test for  
369 differentiation from the NPC group.

### 370 **Association between ATN related proteins and AD clinical outcomes**

371 We then determined the relationship between ATN framework-related proteins and AD clinical  
372 outcomes in two large independent cohorts: EMIF (183 AD, 382 MCI and 220 CTL) and ANM (319 AD,  
373 149 MCI and 209 CTL). While we found many proteins to be associated with AD clinical outcomes in

374 the EMIF cohort, few of these replicated in the ANM cohort (Supplementary Figure 1). However, we  
375 did find robust replication for two protein associations with clinical features; C3 and albumin. In the  
376 EMIF cohort, C3 was significantly decreased in AD compared to CTL and MCI individuals, a change  
377 also observed in the ANM cohort (Figure 4A). Furthermore, C3 was significantly decreased in MCIc  
378 (EMIF n = 100; ANM n = 43) relative to MCIs (EMIF n = 219; ANM n = 106) in both two cohorts (Figure  
379 4B). C3 had consistent protective effects on cognition as it was positively associated with MMSE  
380 score in both EMIF ( $R^2 = 0.29$ ,  $p < 0.001$ ) and ANM cohorts ( $R^2 = 0.08$ ,  $p < 0.001$ ) although the  
381 association was weak in the ANM cohort (Figure 4C). Albumin was also significantly decreased in AD  
382 compared to CTL in both cohorts (Supplementary Figure 2A). Furthermore, it was positively  
383 associated with baseline MMSE score in both EMIF ( $R^2 = 0.25$ ,  $p < 0.001$ ) and ANM cohorts ( $R^2 = 0.17$ ,  
384  $p < 0.001$ ) (Supplementary Figure 2B).

### 385 **Causal relationship between C3 and AD risk, amyloid and tau pathology**

386 We then sought to investigate the causal relationship between two proteins (C3 and FGG) with AD  
387 risk and A $\beta$  and tau pathology (T-tau and P-tau) using two sample MR. A prerequisite for MR is  
388 evidence of genetic variations associated with the exposure variable - in this case levels of the  
389 proteins in plasma. To identify such variants, we interrogated the GWAS catalogue for all genes  
390 encoding the proteins in the panel and found that four proteins with at least two SNPs in their  
391 encoding gene significantly associated with their levels in blood ( $p < 10^{-8}$ ). These proteins were C3,  
392 FGG, CONA1 and coagulation factor VII. Given that C3 and FGG were associated with AD from  
393 previous biomarker studies from our group and others [26, 34-36], we selected these two proteins  
394 to further explore their causal relationship with AD. For exposure estimates, we selected three C3  
395 SNPs [26] and 24 FGG SNPs [27] as instruments for MR analysis. For AD risk as outcome, we acquired  
396 the summary statistics for the association of each SNP with AD risk from IGAP and UK Biobank [28,  
397 29]. For A $\beta$  and tau pathologies as outcomes, we obtained the association of each SNP with  
398 biomarker-based A $\beta$  and tau status from the EMIF cohort.



399 We first confirmed no pleiotropic effects for these genes given that intercept of genetic variants  
400 from MR-Egger regression was close to zero. We then performed MR analysis using both weighted  
401 median (WM) and inverse-variance weighted (IVW) approaches. Results showed that lower C3 was  
402 likely to be causally related to high AD risk using both WM (effect size  $[\beta] = 0.75$ , standard error of  
403 the effect size  $[se] = 0.44$ , 95% CI  $[-0.14, 1.63]$ ,  $p = 0.09$ ) and IVW ( $\beta = 0.72$ ,  $se = 0.40$ , 95% CI  $[-0.05,$   
404  $1.50]$ ,  $p = 0.06$ ) methods (Figure 5). In contrast, such a relationship was not found between C3 with  
405 either A $\beta$  or tau (both T-tau and P-tau) status (Figure 5). Furthermore, results from the leave-one-  
406 out analysis demonstrated that no single SNP was driving the majority of the association signal  
407 between C3 and AD risk (Supplementary Figure 3). For FGG, no causal relationship was found  
408 between FGG and AD risk, or FGG and A $\beta$  or FGG and tau (Supplementary Figure 4 and  
409 Supplementary Table 5).

## 410 **Discussion**

411 Identification of biomarkers tends to fall into two different designs; either hypothesis-driven  
412 targeted measures of features known to be associated with the disease in question or data-driven  
413 high dimensionality agnostic platform approaches (“omics”). Here we utilise a novel approach with a  
414 hybrid design where first we used agnostic high dimensionality proteomics in an *in vitro* model of a  
415 hypothesised driver of disease mechanism and then used the derived signature in a targeted study in  
416 human samples. As Wnt signalling has been proposed to be protective and an increase in the wnt  
417 inhibitor DKK1 has been found to be increased in AD [10, 37-39], and hence a possible driver of  
418 disease mechanisms, we first empirically identified a DKK1-induced signature from *in vitro* human  
419 cell models of DKK1 over-expression and then determined the association of this signature with AD  
420 pathology in two large independent cohorts; EMIF (n = 785) and ANM (n = 677). From analysis of  
421 high dimensionality proteomics of over 1000 proteins, we determined a 100-protein signature  
422 induced by DKK1 and found that this protein set was enriched in molecular pathways known to be

423 associated with AD, adding further evidence to the relevance and possible importance of this  
424 mechanism or pathway in disease.

425 We then explored the relationship of the identified signature to the biomarker based AD  
426 classification, *i.e.* ATN framework. The role of DKK1 and Wnt signalling in AD is suggested, from  
427 multiple lines of evidence mentioned above, to somehow transmit a signal from amyloid to tau  
428 pathology and hence neurotoxicity [14-16]. The mechanism of such a transmission is unknown  
429 although might be through the canonical Wnt pathway regulation of the tau kinase glycogen  
430 synthase kinase-3 (GSK3) or through the non-canonical Wnt pathways that include Rho/Roc and  
431 their effects on synaptic resilience [10, 40, 41]. If DKK1 is either a direct or indirect link between  
432 amyloid and tau pathology with subsequent effects on neurotoxicity, one would expect that a DKK1  
433 induced signature might be associated with these different components of the AD pathway. We  
434 indeed found this to be the case with a strong association of many of the DKK1-signature proteins  
435 being associated with ATN classifications including amyloid (*i.e.* AD group, A+) but less association  
436 with the non-amyloid group (SNAP, A-). These results offer confirmation of DKK inhibition of Wnt  
437 signalling as a factor in Alzheimer pathology and specifically add weight to data from *in vitro* and *in*  
438 *vivo* models and from human brain studies that DKK1 is increased in response to amyloid and as a  
439 consequence increases risk of tau pathology and neurodegeneration.

440 Based on this, we further investigated the predictive value of DKK1-induced proteins in  
441 discriminating amyloid pathology (A+T-N-, A+T+N-, A+T-N+ and A+T+N+) from no AD pathology in all  
442 subjects as well as in cognitively normal individuals. We found the combination of different subsets  
443 of proteins along with age and APOE  $\epsilon$ 4 genotype was able to differentiate the different ATN profiles  
444 with a high AUC, especially in normal individuals (AUC > 0.9). It should be noted that forward  
445 stepwise regression makes an arbitrary decision as to select highly correlated proteins. Therefore,  
446 other proteins that were highly correlated to those selected proteins could equally function as  
447 biomarkers for ATN classification. For example, HMG-1 was selected in the model to discriminate

448 A+T-N- from NPC in all subjects. As shown in Supplementary Figure 5, it was highly related to BRF.1,  
449 indicating that BRF.1 could also be a useful marker to discriminate A+T-N- from NPC.

450 Our study is the largest we are aware of to report a plasma biomarker indicative of the ATN  
451 framework both in terms of the number of proteins assayed and in sample size. As the data was  
452 derived from a biomarker platform with claims to have value in other clinical settings (see for  
453 example Somalogic.com/somasignals) then the identification of a signature indicative of AD  
454 pathological processes might have value in screening from existing data for possible suitability for  
455 clinical trials or, when therapies become available, possibly for early intervention, including those  
456 related to this particular target. As an approach to precision medicine, this model of biomarker  
457 discovery might have wider applicability.

458 In addition to the ATN framework, we also found the DKK1-derived protein signature associated with  
459 AD clinical outcomes (*i.e.* MMSE score and MCI conversion). We observed a robust replication  
460 especially for the association of C3 with clinical features, in line with some recent genetic and  
461 biomarkers studies [34, 36, 42]. For example, genetic studies strongly implicate complement  
462 signalling with AD pathogenesis with increasing attention being paid especially to the complement  
463 pathway node of C3 and C5 metabolism, regulated by CR1, one of the common variants most  
464 strongly associated with AD [42]. Biomarker studies too suggest that complement signalling is  
465 critically altered in AD with a large range of complement proteins, including C3 being repeatedly  
466 nominated in agnostic proteomic studies [34, 36]. However, neither genetic nor biomarker studies  
467 can alone demonstrate directional causality – in other words, although the genetics strongly  
468 implicate complement as a causative biological process neither they nor the biomarker studies are  
469 able to say whether any given complement protein is exacerbating or protecting against disease.

470 Empirical studies have attempted to address this question, critically important in drug development,  
471 using model systems. However, the results of such studies are less than clear. In some preclinical *in*  
472 *vivo* studies, C3 knock out offers synaptic protection and reduces amyloid burden in a range of

473 models [43, 44] although in other studies increased amyloid accumulation and neurodegeneration  
474 has been reported [45, 46]. Therefore, to further explore causality, we employed a Mendelian  
475 randomization approach with this protein data combined with knowledge of C3 quantitative trait  
476 locus (QTL) SNPs associated with protein levels in this data set. We were able to substantiate the  
477 association between low levels of C3 and high risk of AD, suggesting a causal influence of C3 on risk  
478 of AD, further supporting findings from Rasmussen et al. [26] who studied more than 95,000  
479 individuals from the general population.

480 We acknowledge that the sample distribution within the ATN framework is a limitation of this study.  
481 As shown in Table 1, A+T+N- profile only included 19 subjects. The small sample size might explain  
482 why proteins did not reach significance in A+T+N- profile when comparing to A-T-N- profile. It might  
483 also lead to the fact that we have not obtained a subset of proteins which could reflect A+T+ profile.  
484 Further research in large, well-characterized cohorts to replicate, validate, and extend these findings  
485 is needed.

486 In conclusion, our results add to the evidence base indicating a role for DKK1 and the Wnt pathway  
487 in AD pathogenesis. It suggests that a protein signature derived from a human cell model of DKK1  
488 over-expression, when measured in human plasma, is significantly associated with the staging  
489 according to the ATN framework and could discriminate different amyloid-positive classes from No  
490 Pathology Controls. Furthermore, a subset of the DKK1-signature proteins are strongly associated  
491 with disease severity and progression and these association can be replicated in two large  
492 independent cohorts. Taken together, our results indicate that this novel, empirically generated  
493 approach can help identify biomarkers of utility for the selection of participants for clinical trials as  
494 well as for monitoring trial outcomes.

495

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518 **Data availability:** The data sets generated and analysed during the present study are available  
519 online. Briefly, access to EMIF Somasca data could be obtained via the EMIF-AD Catalogue  
520 (<http://www.emif.eu/emif-catalogue/>). Access to ANM Somasca data could be via AData (Viewer)  
521 (<https://adata.scai.fraunhofer.de/>). Research questions need to be submitted when applying for the  
522 access. *In vitro* Somasca data are available upon request.

523 **Conflict of Interest**

524 SL has been named as an inventor on biomarker intellectual property protected by Proteome  
525 Sciences and Kings College London; in both cases not the subject of the current study. He has served  
526 on the advisory board to SomaLogic Inc. and has provided consultancy for Merck and Eisai within the  
527 past three years. He is currently an employee of Janssen-Cilag, UK. HZ has served at scientific  
528 advisory boards for Roche Diagnostics, Wave, Samumed and CogRx, has given lectures in symposia  
529 sponsored by Biogen and Alzecure, and is a co-founder of Brain Biomarker Solutions in Gothenburg  
530 AB, a GU Ventures-based platform company at the University of Gothenburg (all outside submitted  
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532 Lundbeck, Novartis, IBL, Axovant, Oryzon, Merck (all unrelated to this study). AL has served at  
533 scientific advisory boards of Fujirebio Europe, Eli Lilly, Novartis, Nutricia and Otsuka and is the  
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544

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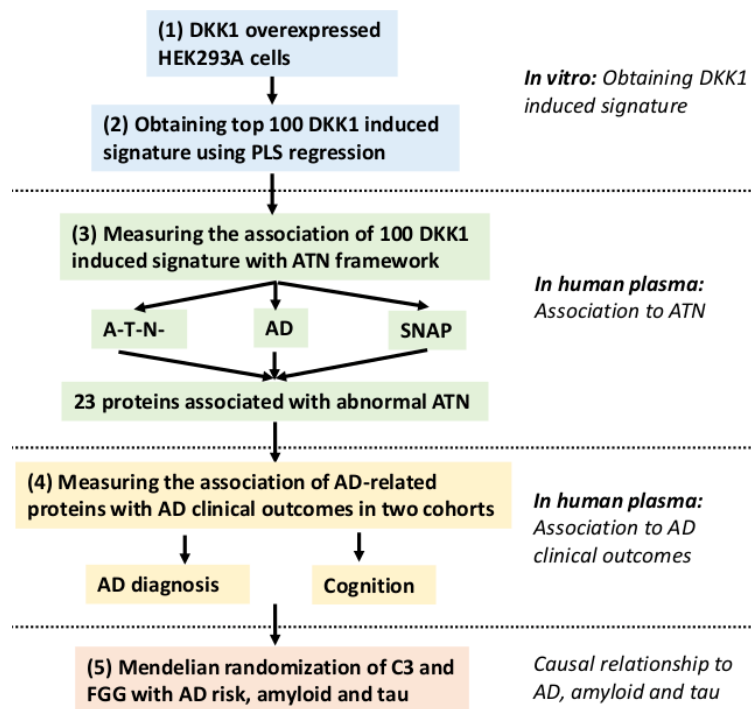
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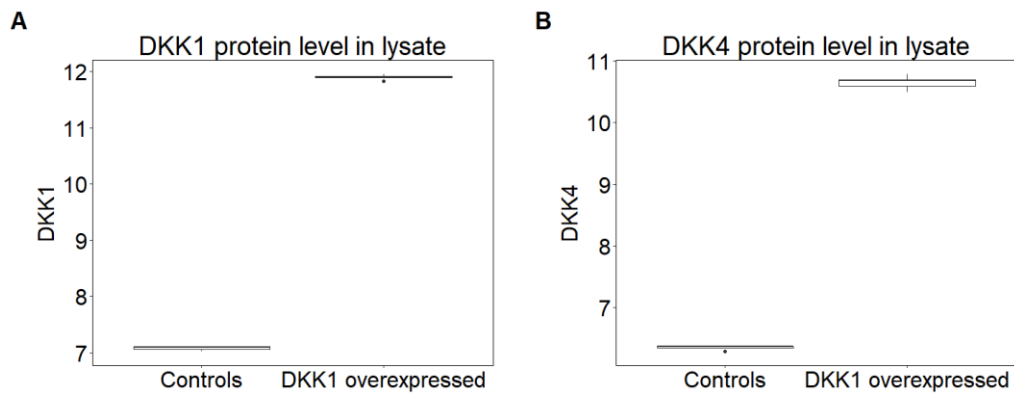
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729 **Figure 1** Flowchart of Study Design. (1) Measurement and quantification of 1128 proteins in total cell  
 730 lysates of HEK293A cells overexpressing DKK1; (2) The top 100 proteins that constitute the DKK1-  
 731 induced signature were identified using partial least squares (PLS) regression; (3) Measuring the  
 732 association of 100 DKK1-induced proteins with ATN framework *in vivo* and obtaining 23 proteins that  
 733 were significantly associated with any single ATN abnormal; (4) Measuring the association of AD  
 734 related proteins with other AD clinical outcomes; (5) Mendelian randomization to explore the causal  
 735 relationship between two proteins (complement component 3 [C3] and fibrinogen gamma chain  
 736 [FGG]) and AD risk, amyloid and tau (both T-tau and P-tau) pathology. AD, Alzheimer’s disease;  
 737 SNAP, Suspected Non-Alzheimer Pathology; T-tau, total tau; P-tau, phosphorylated tau.



738 **Figure 2** DKK1 overexpression leads to higher levels of (A) DKK1 and (B) DKK4 expression in HEK293A  
 739 cell lysate (n = 5 per condition). Y axis represents the log transformed of proteins expression  
 740 abundance measured by Somascan assay.

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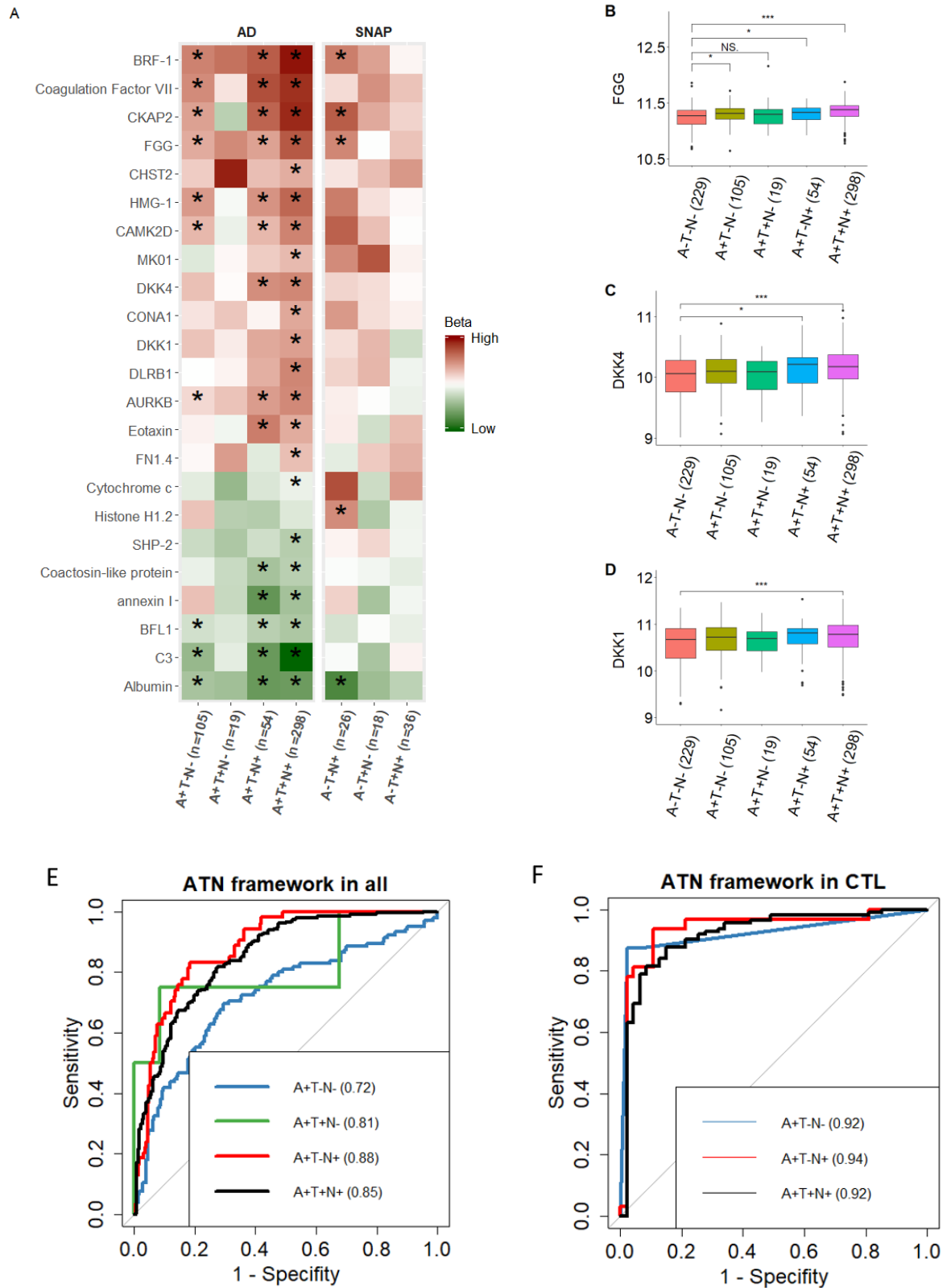
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Variable	NPC	AD				SNAP			P value
	A-T-N-	A+T-N-	A+T+N-	A+T-N+	A+T+N+	A-T-N+	A-T+N-	A-T+N+	
N (total = 785)	229	105	19	54	298	26	18	36	NA
Age (yrs.) (SD)	64 (8.5)	68 (9.7)	72 (6.8)	72 (7.3)	70 (8.0)	72 (7.1)	64 (6.3)	71 (8.2)	< 0.001
Male sex N (%)	123 (54)	57 (54)	9 (47)	30 (56)	170 (57)	14 (54)	10 (56)	23 (64)	0.95
APOE ε4 carriers N (%)	52 (23)	58 (55)	13 (68)	36 (67)	193 (65)	5 (19)	5 (28)	9 (25)	< 0.001
MMSE (SD)	27.7 (2.5)	26.5 (3.9)	25.4 (3.9)	24.4 (4.3)	24.0 (4.4)	26.7 (3.6)	27.8 (1.7)	26.9 (2.8)	< 0.001

753 **Table 1** Characteristics of 785 participants split by ATN framework. Standard deviation is shown in  
754 brackets for age and MMSE in each category. Percentage of cases is shown in brackets for male sex as  
755 well as APOE ε4 carriers. P-values compare each demographic across 8 categories. NPC, No Pathology  
756 Control; SNAP, Suspected Non-Alzheimer Pathology; SD, Standard deviation; MMSE, mini mental state  
757 examination.





758 **Figure 3** (A) Association of 23 DKK1-induced signature with 7 ATN profiles compared to A-T-N-; (B)  
 759 (C) and (D) comparison of proteins between A-T-N- (n = 229) and amyloid-positive individuals  
 760 including A+T-N- (n = 105), A+T+N- (n = 19), A+T-N+ (n = 54) and A+T+N+ (n = 289); (E) and (F) AUC of

761 using proteins along with age and *APOE*  $\epsilon$ 4 genotype to differentiate A-T-N- from amyloid-positive  
762 individuals in all individuals and healthy controls respectively. High and low beta indicate positive  
763 and negative coefficients respectively. SNAP, Suspected Non-Alzheimer Pathology; FGG, fibrinogen  
764 gamma chain. In B, C and D, Y axis represents the log transformed of proteins expression abundance  
765 measured by Somascan assay. \*  $p < 0.05$ ; \*\*\*  $p < 0.001$ ; NS., not significant; AUC, area under the  
766 curve; CTL, controls.

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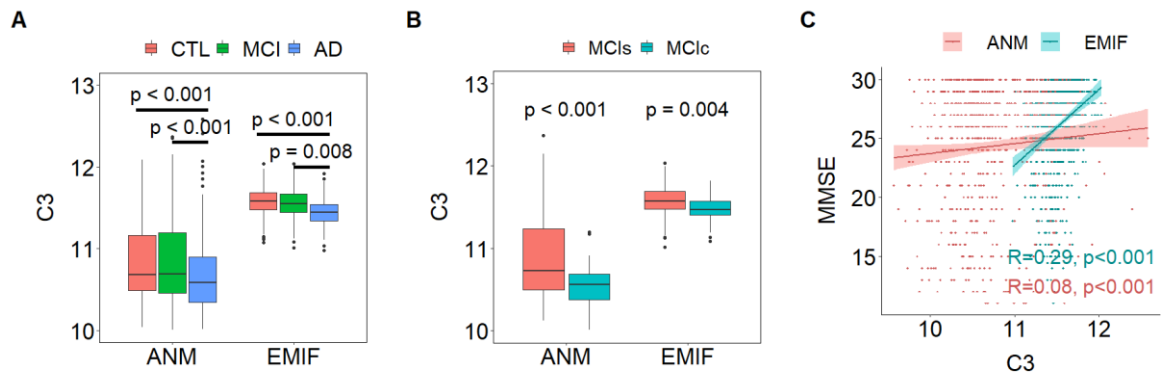
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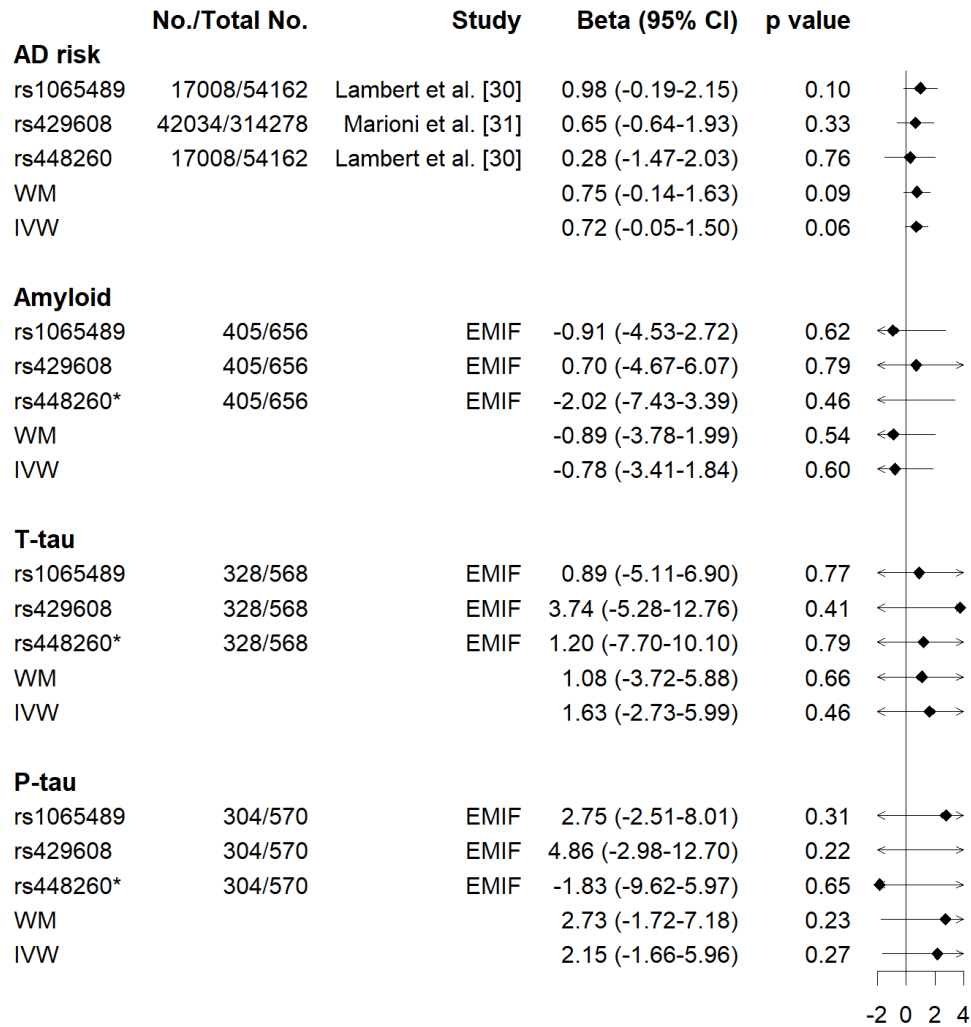
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778 **Figure 4** (A) Comparison of C3 in different AD diagnostic groups in both EMIF and ANM cohorts; (B)  
 779 comparison of C3 in MCI who subsequently converted to dementia (MCIc) to those whose MCI  
 780 remained stable (MCIs) in both cohorts; (C) Correlation of MMSE with C3 in both cohorts. Y axis in A  
 781 & B and X axis of C represent the log transformed of proteins expression abundance measured by  
 782 Somascan assay. C3, complement component 3; ANM, AddNeuroMed; EMIF, European Medical  
 783 Information Framework.



784 **Figure 5** Forest plot of Mendelian randomization estimates the effects of C3 on AD risk, A $\beta$  and tau  
785 status (T-tau and P-tau). Lower C3 is likely to be causally related to high AD risk from both inverse-  
786 variance weighted (IVW) and weighted median (WM) methods, but such relationship was not found  
787 between C3 and amyloid or C3 and tau (T-tau and P-tau). \*rs448260 was not found in EMIF data,  
788 therefore its proxy rs2287848 ( $r^2 = 0.93$ ) was used to obtain its association with amyloid and tau.  
789 EMIF, European Medical Information Framework; T-tau, total tau; P-tau, phosphorylated tau.

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Characteristics	Sample size	CTL	MCI	AD	P value
<b>ANM cohort</b>					
Size	677	209	149	319	NA
Male sex N (%)	677	102 (49)	57 (38)	98 (31)	< 0.001 *
Age	677	74.4 (6.3)	76.1 (6.8)	79.0 (7.0)	< 0.001 †
APOE ε4+ N (%)	677	56 (27)	59 (40)	180 (56)	< 0.001 *
MMSE	571	29.1 (1.0)	26.9 (2.0)	19.6 (5.0)	< 0.001 †
ADAS-Cog	191	NA	NA	24.4 (10.1)	NA
<b>EMIF cohort</b>					
Size	785	220	382	183	NA
Male sex N (%)	785	136 (62)	203 (53)	97 (53)	0.09 *
Age	785	63.3 (7.8)	70.1 (8.1)	70.3 (8.8)	< 0.001 †
APOE ε4+ N (%)	785	75 (34)	185 (48)	111 (61)	< 0.001 *
MMSE	782	28.8 (1.3)	26.2 (2.7)	21.4 (4.8)	< 0.001 †
Executive z score	564	0.25 (1.33)	-0.92 (1.88)	-2.47 (2.30)	< 0.001 †
Language z score	751	-0.32 (0.96)	-0.83 (1.29)	-2.12 (1.19)	< 0.001 †
Memory delayed z score	624	-0.41 (1.13)	-1.21 (1.38)	-2.42 (1.09)	< 0.001 †
Memory immediate z score	694	-0.91 (1.90)	-1.31 (1.42)	-2.48 (1.24)	< 0.001 †

794 **Supplementary Table 1** Sample characteristics of EMIF and ANM cohorts by clinical diagnosis. \*chi-  
795 square test; †One-way analysis of variance (ANOVA) test; ANM, AddNeuroMed; EMIF, European  
796 Medical Information Framework; CTL, control; MCI, mild cognitive impairment; AD, Alzheimer's  
797 disease; MMSE, mini mental state examination; ADAS-Cog, Alzheimer's Disease Assessment Scale -  
798 Cognitive subscale.

<b>Uniprot</b>	<b>Protein Name</b>	<b>Regression coefficients</b>
O94907	Dickkopf-related protein 1	-0.236
Q9UBT3	Dickkopf-related protein 4	-0.210
P01024	C3a anaphylatoxin des Arginine	0.031
P49862	Kallikrein-7	0.022
P01024	Complement C3	0.020
P02671	Fibrinogen	0.018
O15264	Mitogen-activated protein kinase 13	0.017
Q08188	Protein-glutamine gamma-glutamyltransferase E	0.016
Q9H422	Homeodomain-interacting protein kinase 3	0.016
P02775	Connective tissue-activating peptide III	0.016
P09429	High mobility group protein B1	0.016
P02788	Lactotransferrin	0.015
P41240	Tyrosine-protein kinase CSK	0.014
P25098	beta-adrenergic receptor kinase 1	0.013
O14929	Histone acetyltransferase type B catalytic subunit	-0.013
P04406	Glyceraldehyde-3-phosphate dehydrogenase	0.013
P05186	Alkaline phosphatase, tissue-nonspecific isozyme	0.013
P49840	Glycogen synthase kinase-3 alpha/beta	0.013
P63241	Eukaryotic translation initiation factor 5A-1	0.013
Q05513	Protein kinase C zeta type	0.013
P12268	Inosine-5'-monophosphate dehydrogenase 2	0.012
P51665	26S proteasome non-ATPase regulatory subunit 7	0.012
O96017	Serine/threonine-protein kinase Chk2	0.012
P61626	Lysozyme C	0.012
P99999	Cytochrome c	0.012

Q92994	Transcription factor IIIB 90 kDa subunit	0.010
P35354	Prostaglandin G/H synthase 2	0.010
P16403	Histone H1.2	0.009
P12259	Coagulation Factor V	0.009
P52823	Stanniocalcin-1	0.009
Q06124	Tyrosine-protein phosphatase non-receptor type 11	0.009
P16591	Tyrosine-protein kinase Fer	0.009
P56211	cAMP-regulated phosphoprotein 19	0.009
Q05397	Focal adhesion kinase 1	0.009
P11387	DNA topoisomerase 1	-0.009
P25685	DnaJ homolog subfamily B member 1	0.008
P20226	TATA-box-binding protein	-0.008
P50579	Methionine aminopeptidase 2	0.008
P30533	alpha-2-macroglobulin receptor-associated protein	0.008
P12956	X-ray repair cross-complementing protein 6	0.008
P02679	Fibrinogen gamma chain	0.008
P04141	Granulocyte-macrophage colony-stimulating factor	0.008
P14618	Pyruvate kinase PKM	-0.008
Q08345	Epithelial discoidin domain-containing receptor 1	0.008
P01833	Polymeric immunoglobulin receptor	0.007
Q9UQ80	Proliferation-associated protein 2G4	0.007
P02768	Serum albumin	0.007
P40121	Macrophage-capping protein	0.007
P28482	Mitogen-activated protein kinase 1	0.007
Q9Y337	Kallikrein-5	0.007

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O00548	Delta-like protein 1	0.007
Q9Y4C5	Carbohydrate sulfotransferase 2	-0.007
P04083	Annexin A1	0.007
P62826	GTP-binding nuclear protein Ran	0.007
P08709	Coagulation Factor VII	0.006
P07996	Thrombospondin-1	0.006
P63279	SUMO-conjugating enzyme UBC9	0.006
P51671	Eotaxin	0.006
P07355	Annexin A2	0.006
Q13557	Calcium/calmodulin-dependent protein kinase type II subunit delta	0.006
Q9Y3C8	Ubiquitin-fold modifier-conjugating enzyme 1	0.006
P27361	Mitogen-activated protein kinase 3	0.006
P05121	Plasminogen activator inhibitor 1	-0.006
P0C055	Histone H2A.z	-0.006
P09228	Cystatin-SA	0.006
Q86Y22	Collagen alpha-1(XXIII) chain	-0.006
	Complement component 1 Q subcomponent-binding protein, mitochondrial	0.006
Q07021		
Q8N3X6	Ligand-dependent nuclear receptor corepressor-like protein	0.006
P01011	Alpha-1-antichymotrypsin	0.006
Q14126	Desmoglein-2	0.006
P19876	Gro-beta/gamma	-0.006
O95219	Sorting nexin-4	0.006
P02751	Fibronectin Fragment 4	-0.006
O00299	Chloride intracellular channel protein 1	0.005
P01033	Metalloproteinase inhibitor 1	0.005

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P07288	PSA:alpha-1-antichymotrypsin complex	0.005
Q8N474	Secreted frizzled-related protein 1	0.005
Q08209	Calcineurin	-0.005
Q9UBN6	Tumor necrosis factor receptor superfamily member 10D	0.005
P24941	Cyclin-dependent kinase 2:Cyclin-A2 complex	0.005
Q8WWK9	Cytoskeleton-associated protein 2	0.005
Q9NP97	Dynein light chain roadblock-type 1	-0.005
Q9BQ51	Programmed cell death 1 ligand 2	-0.005
P16333	Cytoplasmic protein NCK1	0.005
P10909	Clusterin	0.005
P03971	Muellerian-inhibiting factor	0.005
P46527	Cyclin-dependent kinase inhibitor 1B	0.005
Q96MS0	Roundabout homolog 3	-0.005
Q96GD4	Aurora kinase B	-0.005
Q13765	Nascent polypeptide-associated complex subunit alpha	0.005
Q14019	Coactosin-like protein	0.005
Q16548	Bcl-2-related protein A1	0.005
P00558	Phosphoglycerate kinase 1	0.005
O00220	Tumor necrosis factor receptor superfamily member 10A	-0.005
O95998	Interleukin-18-binding protein	0.005
P07333	Macrophage colony-stimulating factor 1 receptor	-0.005
P17706	Tyrosine-protein phosphatase non-receptor type 2	0.005
P05231	Interleukin-6	-0.005
P30419	Glycylpeptide N-tetradecanoyltransferase 1	0.005
Q99714	3-hydroxyacyl-CoA dehydrogenase type-2	0.005

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800 **Supplementary Table 2** Top 100 proteins with the largest contribution to the Dickkopf-related  
801 protein 1-induced multivariate signature using partial least squares regression. The rank was based  
802 on their contribution to the DKK1-induced multivariate signature from the largest to smallest.

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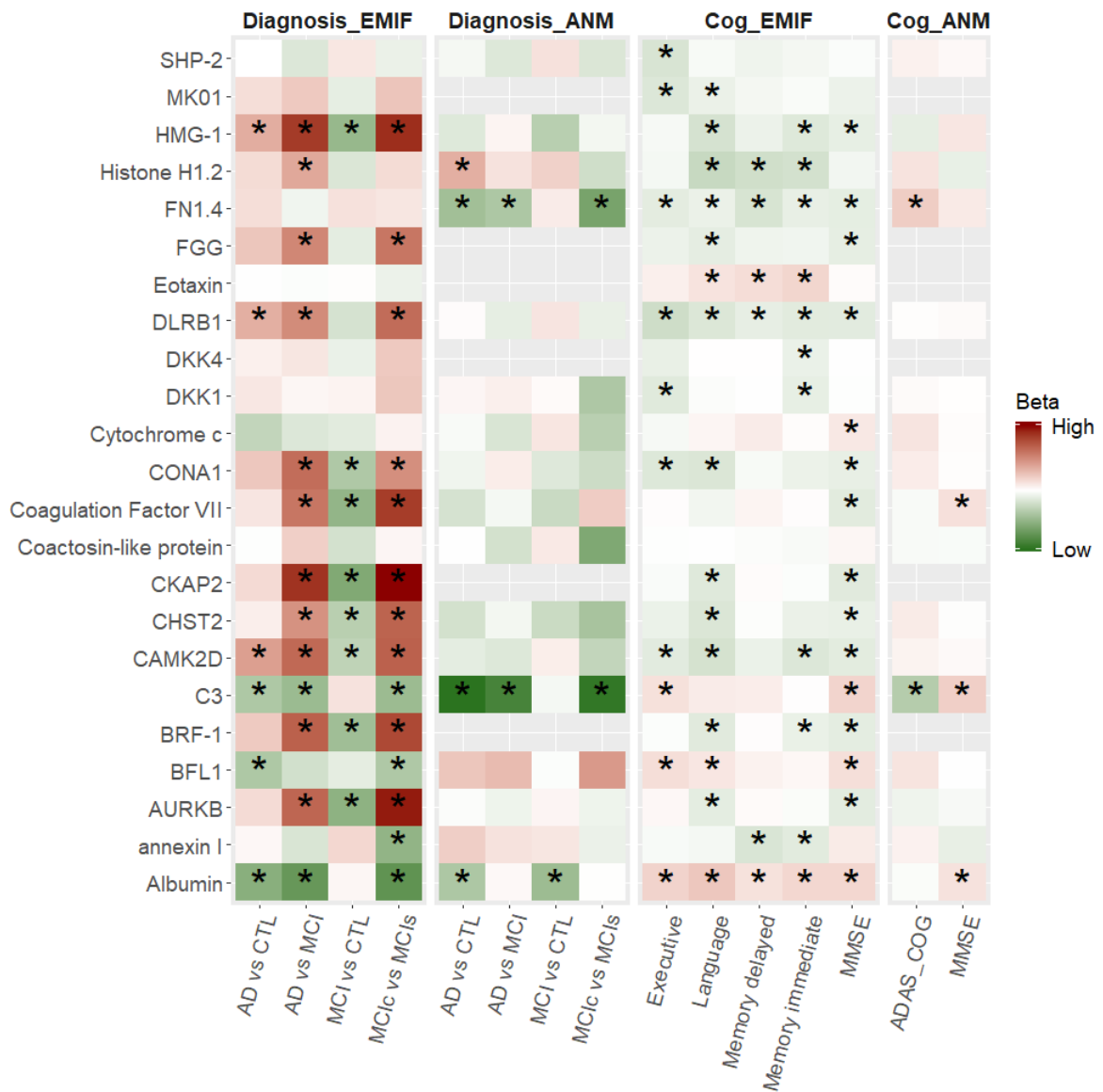
KEGG pathway	<i>P</i> value (uncorrected)	FDR corrected <i>p</i> value
Small cell lung cancer (P24941, P46527, P99999, P02751, P35354, Q05397)	0.011	0.075
Alzheimer's disease (P99999, P04406, Q99714, P28482, P27361, Q08209)	0.014	0.075
Viral carcinogenesis (P20226, P01024, P24941, P46527, P28482, P27361, P14618)	0.018	0.075
p53 signaling pathway (O96017, P24941, P99999, P05121, P07996)	0.025	0.075
Platelet activation (P02671, P02679, P28482, O15264, P27361, Q05513)	0.033	0.075
Glutamatergic synapse (P25098, P28482, P27361, Q08209)	0.034	0.075
Salmonella infection (P19876, P04141, P05231, P28482, O15264, P27361)	0.039	0.075
HIF-1 signaling pathway (P01033, Q13557, P46527, P04406, P05231, P28482, P27361, P05121)	0.040	0.075

821 **Supplementary Table 3** Enriched pathway of DKK1-induced multivariate signature from KEGG  
822 pathway analysis. FDR, false discovery rate.

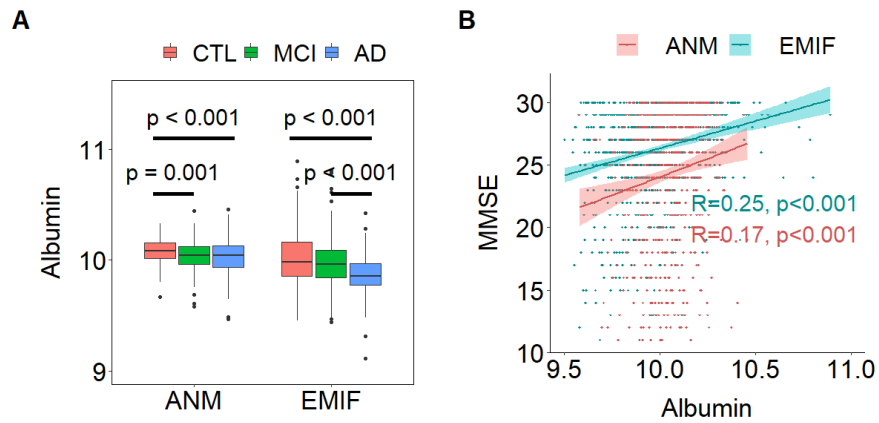
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<b>ATN profile</b>	<b>AUC of proteins, age and <i>APOE</i> ε4 (95% CI)</b>	<b>AUC of age (95% CI)</b>	<b>AUC of age and <i>APOE</i> ε4 (95% CI)</b>
<b>In all samples</b>			
A-T-N- (n = 229) vs A+T-N- (n = 105)	0.72 (0.66, 0.78)	0.60 (0.52, 0.65)	0.70 (0.65, 0.78)
A-T-N- (n = 229) vs A+T+N- (n = 19)	0.81 (0.74, 0.86)	0.78 (0.66, 0.85)	0.80 (0.71, 0.85)
A-T-N- (n = 229) vs A+T-N+ (n = 54)	0.88 (0.85, 0.92)	0.75 (0.67, 0.80)	0.84 (0.79, 0.88)
A-T-N- (n = 229) vs A+T+N+ (n = 298)	0.85 (0.83, 0.90)	0.70 (0.65, 0.74)	0.80 (0.76, 0.83)
<b>In normal individuals</b>			
A-T-N- (n = 47) vs A+T-N- (n = 16)	0.92 (0.89, 0.99)	0.77 (0.57, 0.84)	0.83 (0.67, 0.91)
A-T-N- (n = 47) vs A+T-N+ (n = 32)	0.94 (0.89, 0.99)	0.80 (0.69, 0.88)	0.91 (0.87, 0.98)
A-T-N- (n = 47) vs A+T+N+ (n = 114)	0.92 (0.86, 0.97)	0.75 (0.65, 0.81)	0.85 (0.78, 0.91)

824 **Supplementary Table 4** AUC of using proteins, age and *APOE* ε4 to differentiate amyloid pathology  
825 (A+T-N-, A+T+N-, A+T-N+ and A+T+N+) from no AD pathology (A-T-N-) in all samples and cognitively  
826 normal individuals. CI, confidence interval.



827 **Supplementary Figure 1** Heat map displaying the association between 23 proteins and AD clinical  
 828 diagnosis as well as cognition in both EMIF and ANM cohort. \*The association corrected  $p < 0.05$ . High  
 829 and low beta indicate positive and negative coefficients respectively. ANM, AddNeuroMed; EMIF,  
 830 European Medical Information Framework; Cog, cognition; AD, Alzheimer's disease; CTL, control; MCI,  
 831 mild cognitive impairment; MCIc, MCI conversion; MCIs, MCI stable; MMSE, Mini Mental State  
 832 Examination; ADAS-Cog, Alzheimer's Disease Assessment Scale - Cognitive subscale.



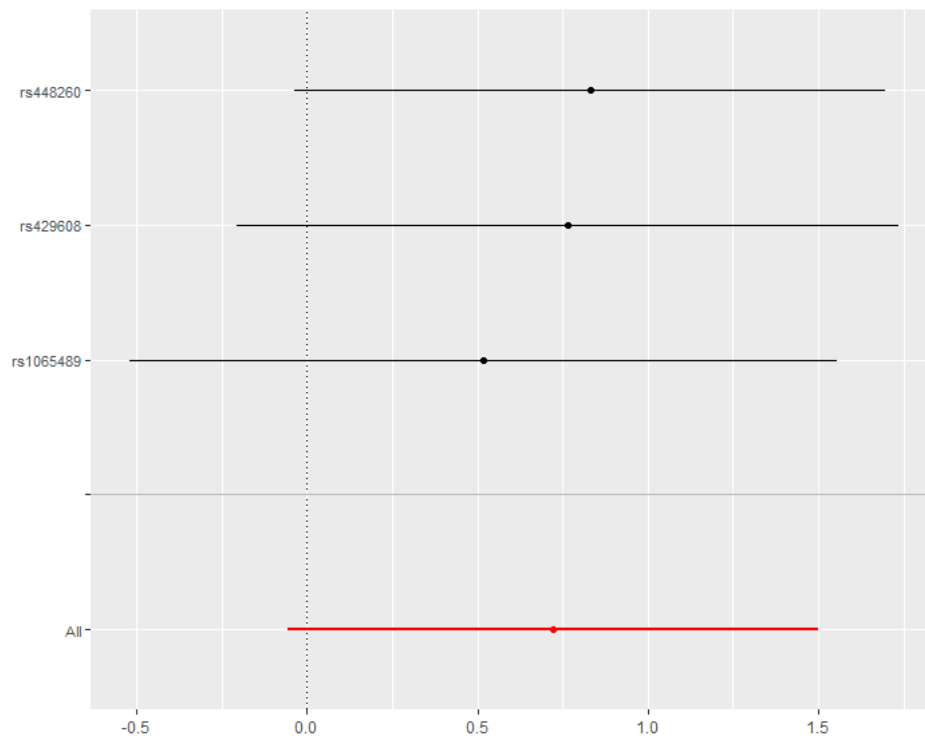
833 **Supplementary Figure 2** (A) Comparison of albumin in different AD diagnostic groups in both EMIF  
 834 and ANM cohorts; (B) Correlation of MMSE with albumin in both ANM and EMIF cohort. ANM,  
 835 AddNeuroMed; EMIF, European Medical Information Framework; AD, Alzheimer's disease; CTL,  
 836 control; MCI, mild cognitive impairment; MMSE, Mini Mental State Examination.

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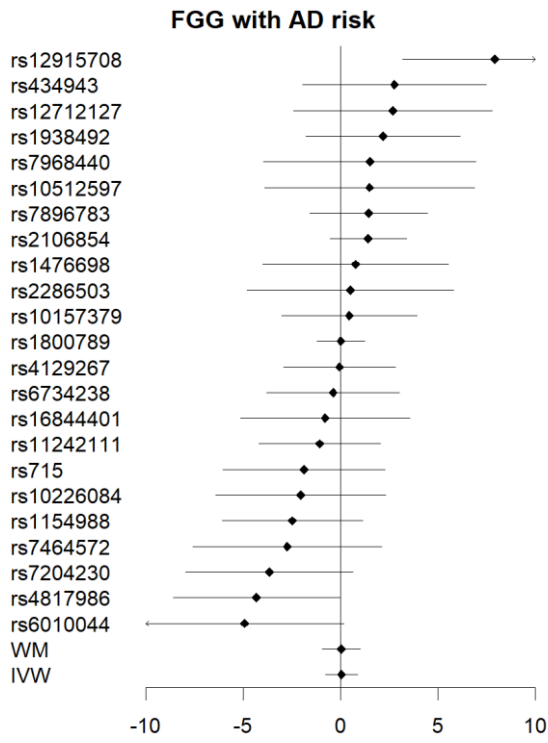
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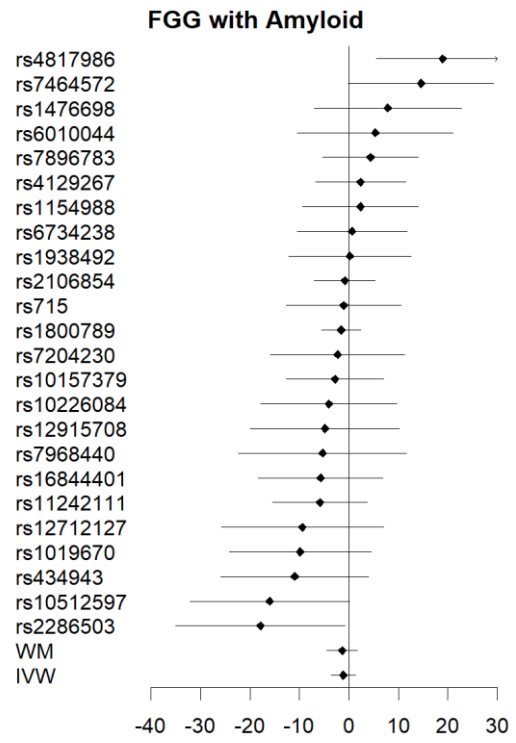
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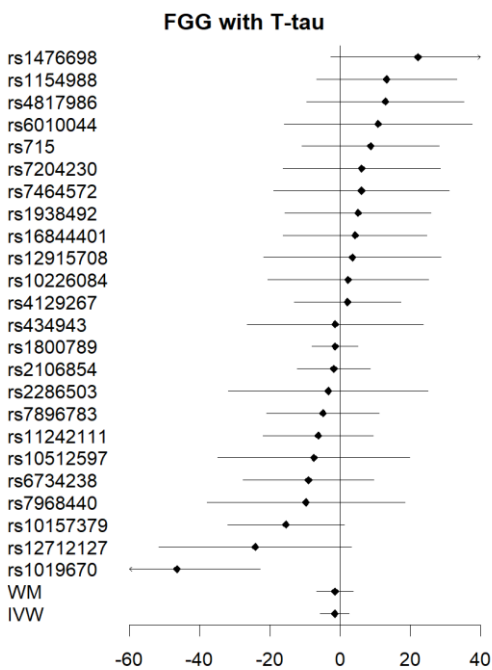
841 **Supplementary Figure 3** Leave-one-out Mendelian randomization estimates the association between  
842 plasma complement C3 and AD risk by sequentially removing each single-nucleotide polymorphism  
843 (SNP) from the analysis. No single SNP drove the majority of the association signal between C3 and AD  
844 risk.



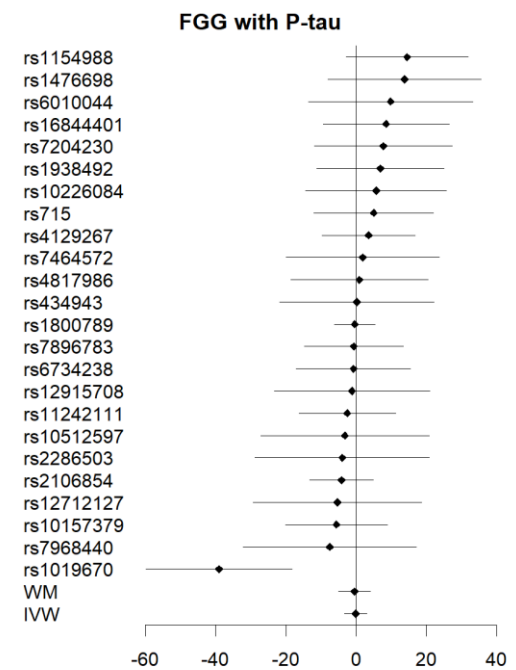
(a)



(b)



(c)



(d)

845 **Supplementary Figure 4** Forest plot of Mendelian randomization estimates the effects of (a) FGG on  
 846 AD risk, (b) FGG on amyloid, (c) FGG on T-tau and (d) FGG on P-tau. The estimated effect size of both



847 weighted median (WM) and inverse-variance weighted (IVW) method showing that no causal  
848 relationship was found between FGG and AD risk, or FGG and amyloid or FGG and tau. FGG, fibrinogen  
849 gamma chain; AD, Alzheimer's disease; T-tau, total tau; P-tau, phosphorylated tau.

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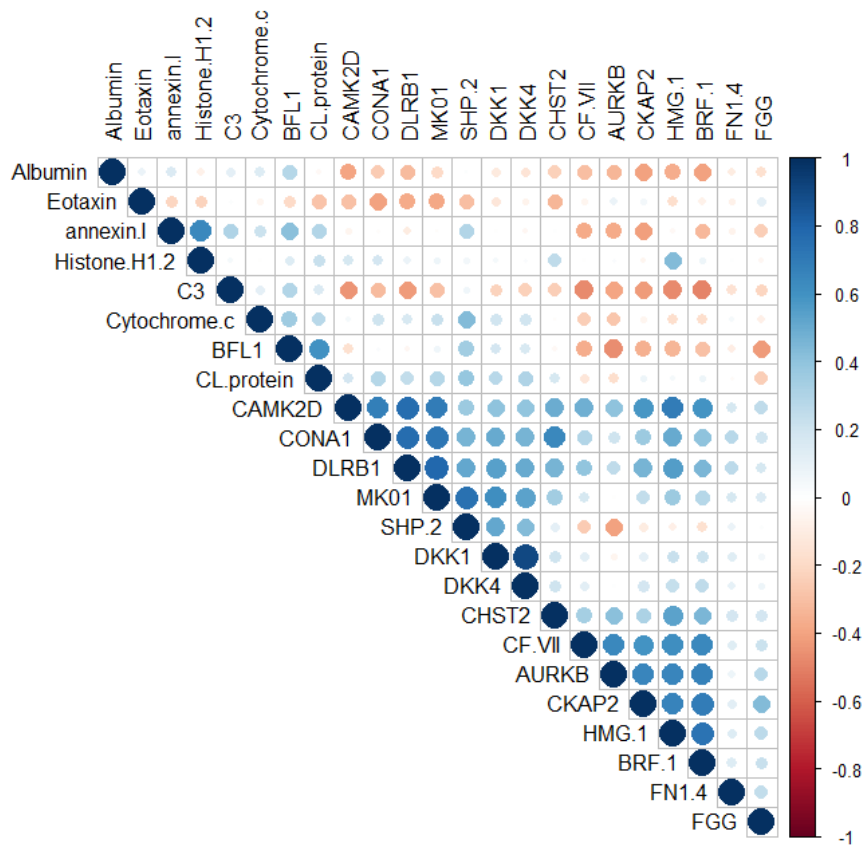
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	Methods	$\beta$	se	95% CI	P value
FGG with AD risk	WM	0.04	0.50	-0.93 to 1.01	0.94
	IVW	0.04	0.42	-0.79 to 0.88	0.92
FGG with amyloid	WM	-1.35	1.59	-4.46 to 1.77	0.40
	IVW	-1.13	1.24	-3.56 to 1.30	0.36
FGG with T-tau	WM	-1.44	2.63	-6.58 to 3.71	0.58
	IVW	-1.50	2.10	-5.62 to 2.62	0.48
FGG with P-tau	WM	-0.44	2.33	-4.99 to 4.12	0.85
	IVW	-0.10	1.59	-3.22 to 3.01	0.95

867 **Supplementary Table 5** Mendelian randomization estimates of the causal effect of FGG on AD risk,  
868 amyloid, T-tau and P-tau using both weighted median (WM) and inverse-variance weighted (IVW)  
869 methods.  $\beta$ , beta coefficient; se, standard error of the effect size; CI, confidence interval; FGG,  
870 fibrinogen gamma chain; AD, Alzheimer's disease; T-tau, total tau; P-tau, phosphorylated tau.  
871



872 **Supplementary Figure 5** Correlation matrix of 23 proteins which significantly altered in  
 873 participants with at least one abnormal ATN biomarker.